

CONSENT FOR TELEPSYCHOLOGY

Patient Name: _____

Psychological services are traditionally face-to-face and in-person sessions are preferable whenever possible. Telepsychology is available during the COVID-19 National Emergency to promote provision of services and continuity of care for individuals who need care and are unable to receive it at our physical location.

Telepsychology (aka teletherapy or telemental health) is the provision of behavioral and/or mental health care services using technological modalities instead of in-person (e.g., provision of therapy and diagnostic interviewing via videoteleconferencing).

Telepsychology is required for individuals receiving services who have symptoms of/exposure to/diagnosis of COVID-19 and is available to others so that services may continue when access is limited. It is available only to individuals physically located in Ohio or Michigan at the time of the session; exceptions must be discussed in advance.

To participate in telepsychology, you will need:

1. a reliable web connection on a computer or mobile device (smart phone).
2. a camera, speaker, and microphone (often integrated in your device).
3. a private setting with a secure internet connection (and not public or free wi-fi).
4. the ability to utilize our HIPAA compliant telepsychology platform, <https://doxy.me/robie>.

To receive telepsychology services, you agree:

1. to assure privacy for yourself during the session.
2. to inform us of your location, a way to reach you if the connection is lost, a safety plan including an emergency contact person and the ER closest to you, and any other persons in the room with you during a session.
3. to cooperate with emergency services and that you will come to the office for an in-person session if Dr. Robie deems it necessary.
4. that you will not record any session or part of any session.
5. that telepsychology must be deemed an appropriate modality of treatment by Dr. Robie for you and that is neither guaranteed nor implied by this consent.
6. that telepsychology involves the same commitment & responsibilities as in-person therapy and that you will be charged for missed telepsychology appointments in accordance with office policy.
7. that in the event of a technological failure, any session in process will be completed by phone alone.

Limitations of telepsychology: There may be a disruption to the service (e.g., phone gets cut off or video drops). This can be frustrating and interrupt the normal flow of personal interaction. There is a risk of misunderstanding one another when communication lacks visual or auditory cues. There may be interruptions not typical in a therapy office. Therapy may “feel different” than in-person treatment. Confidentiality can be breached if others are present or listen in.

Laws that protect the confidentiality of medical and mental health information also apply to telepsychology. Information disclosed during therapy is confidential with exceptions as outlined in Dr. Robie’s Consent for Treatment and Office Policy form. Dr. Robie will provide all services in a private setting and will not record any telepsychology video or audio and none is stored.

Fees are as noted in Dr. Robie’s Consent for Treatment and Office Policy form. Many insurances cover telepsychology but not all do. We will attempt to verify coverage in advance but cannot represent an insurance company. **For certainty about coverage you should call your insurance to verify coverage for telemental health services by a psychologist for CPT codes 90837 and 90847.** We will bill insurance as usual.

Payment due will be completed with IvyPay, an app we will send to your smart phone.

This document supplements Dr. Robie’s Consent for Treatment and Office Policy form and is not intended to replace any information therein. Your signature below indicates your consent to telepsychology services. Consent may be withdrawn at any time.

Patient’s Signature

Today’s Date